

# welcome

No-one does breakfast like Little Chef, but there's a great deal more to us than our famously delicious grills – more healthier choices and fresh salads, more snacks and even more fantastic meal deals, all prepared to order using the tastiest ingredients.

## lighter start

Feeling healthy? Or just looking for something a little lighter? If you fancy a healthier start you'll find it right here.

**Healthy Start Deal ▼ £3.39 ►**  
Crunchy muesli, a slice of wholemeal buttered toast with preserve and a glass of fresh orange juice.

**Mushrooms on Toast ▼ £3.19**

**Scrambled Eggs on Toast ▼ £3.49**

**Griddled Eggs on Toast ▼ £3.29**

**Double Baked Beans on Toast ▼ £2.79**

**Pancakes in Maple Syrup ▼ £2.79**  
Breakfast pancakes with a jug of sticky, sweet maple syrup on the side.

**Toast & Preserve ▼ £1.05**  
1 buttered slice of white or wholemeal toast  
2 buttered slices

**Kellogg's Cereal ▼ £1.49**  
Choose from Special K, Corn Flakes or Muesli.

**Fresh Fruit Salad ▼ £2.79 ►**  
In a light syrup.

**Yoghurt 99p**  
Muller Light strawberry yoghurt.

**bakery deal £3.19**  
Enjoy something from the list below plus any tea or any coffee for just

**Blueberry Muffin £1.49**

**Croissant £1.69**  
Flaky, light and served warm with butter & jam.

**Hot Toasted Teacake & Jam £2.29**  
Dripping with butter – delicious...

If you'd like Flora and not butter, just ask!

## breakfast extras

Add any of our breakfast extras to your hot breakfasts and start the day your way.

Black Pudding 85p	Fried Bread 89p	Veggie Sausage 99p
Baked Beans 89p	Hash Browns 99p	Scrambled Egg £1.50
Tomato 89p	Mushrooms 99p	Sauté potatoes £1.69
Griddled Egg 89p	Bacon 99p	
Toast – per slice 89p	Sausage 99p	

## our famous all day breakfasts

You just can't beat a cooked breakfast, which is why we serve ours all day long!



### Chef's extra deal

Add your choice of orange or apple juice plus a slice of toast and preserve to any cooked breakfast (not including lighter start & quick bites) for

**£1.50**



**▲ Olympic Breakfast £6.99**  
The biggest – and the best!  
You can see for yourself why the Olympic is one of our best sellers...

change your griddled egg to scrambled for 25p



**Early Starter £5.70**  
Start the day as you mean to go on – with bacon, 2 sausages, a griddled egg, fried bread and tomato.

**Scrambled Egg Breakfast £5.59**  
Scrambled eggs with 2 slices of bacon, mushrooms and tomato.

**Full English Breakfast £6.20 ▼**  
The works – a griddled egg, sausage, bacon, mushrooms, black pudding, tomato and a slice of fried bread to mop it all up.



**▲ The American £6.79**  
Do breakfast the American way with 2 pancakes served with 2 slices of bacon, 2 sausages, 2 griddled eggs and a jug of delicious sweet maple syrup.

**Sirloin Steak & Eggs £8.49**  
A 6oz\* sirloin steak griddled just the way you like it and served with 2 griddled eggs, hash browns and tomato.

**◀ Omelette Breakfast ▼ £5.99**  
A tasty omelette served with hash browns, mushrooms and baked beans.  
Add cheese for just 99p

**The Vegetarian Breakfast ▼ £5.99**  
Linda McCartney veggie sausages with hash browns, mushrooms, tomato and a griddled egg.



## Chef's 100% beef burgers

You can't beat a good burger and ours are the pick of the bunch – tender 100% prime beef burgers cooked to perfection and served open with a fresh salad garnish and chips.

Add an extra beef patty for just £1.00

**Bacon Cheeseburger £6.89**

**Cheeseburger £6.19**

**Classic Burger £5.89**  
Simply 100% prime beef...

**◀ Little Chef's BIG Burger £7.49**  
The big one's fully loaded with bacon, cheese and onion rings.

**Extra Toppings**  
Cheese 99p, mushrooms 99p, bacon 99p



Cooked to order and served with chips, jacket potato or mixed leaf salad – you'll find all your old favourites here...



## mains

**BBQ Chicken & Bacon Stack £8.49**  
2 tasty chicken breasts and bacon topped with our smokily tangy BBQ sauce.

**Spicy Chicken Platter £7.49**  
Two tender whole chicken breasts in a light, spicy coating served with crunchy coleslaw – mouth-watering...

**Sausages, Eggs & Chips £4.99**  
3 sausages, 2 eggs and a pile of chips for dipping.

**Fish & Chips £7.59 ▼**  
Your classic favourite is better than ever thanks to our new improved large battered fillet of fish, served with garden peas and bread and butter.



**▲ Chef's Grill £9.99**  
A mighty platter for mighty appetites – a 6oz\* sirloin steak, 2 tasty bacon rashers and much much more...

**6oz\* Sirloin Steak £9.49**  
Tender sirloin steak prepared just for you with onion rings, a whole tomato and a fresh, crunchy side salad.

**12oz\* Sirloin Steak £12.49**  
All the above but with two 6oz\* steaks for heartier appetites.

**Smothered Chicken £8.49**  
2 tender, lean chicken breasts and tasty bacon, smothered in a creamy cheese & leek sauce – delicious!

**Wholetail Scampi & Chips £7.49**  
Deliciously crunchy breaded twin tail scampi served with garden peas.

## a bit on the side

Buy 3 or more side orders and get the cheapest free!

Bread & Butter – per slice 89p	Onion Rings 99p	Fresh Salad £1.99
Bread Roll & Butter 89p	Coleslaw 99p	Garlic Bread £1.99
Cheese 99p	Chips £1.69	Jacket Potato £1.99
Mushrooms 99p	Sauté Potatoes £1.69	

## fresh salads

Our crisp, crunchy, freshly prepared salads prove that healthier food can be just as tempting... Ask for your helping of fresh mixed leaf salad with or without our tasty house dressing, then add your choice of:

	snack size	main course
Smoked Salmon	£4.59	£7.99 ►
Flaked Tuna	£4.39	£7.49
Omelette with coleslaw ▼	-	£6.29
Warm Chicken Fillet Strips	£4.39	£7.49
Warm Bacon & Black Pudding	£4.39	£7.49
▼ Warm Chicken Fillet Strips & Bacon	£4.59	£7.99



**hungry but can't hang around?**

Check out our Quick Bites overleaf...

\*All weights approximate before cooking. ▼ Suitable for vegetarians – may include eggs or dairy products. Products do not contain nuts as a listed ingredient, but there's always a possibility that traces of nuts may be found in any of our products.



# quick bites

## sandwiches

### BLT £3.99

A classic – bacon, lettuce and tomato with mayonnaise.

### Breakfast Bap £3.99

Do breakfast your way with three breakfast items in a soft white bap – choose from sausage, bacon, tomato and egg.

### Veggie Burger £4.59

Served with a tangy Cajun tomato dressing on a soft white bap with a fresh salad garnish.

### Spicy Chicken £4.39

A tender seasoned chicken fillet served in a soft white bap with a fresh salad garnish and mayo.

### Cajun Chicken £4.39

Hot things up a little with a seasoned chicken fillet topped with tasty Cajun mayo and a fresh salad garnish, all served in a soft white bap.

### Soup £3.79

Warm and hearty – choose from tomato or chicken & veg. served with a crusty roll and butter.

### Crunchy Crumb Coated Mushrooms £3.99

Crunchy on the outside, soft on the inside and served with fresh salad, crunchy coleslaw, mayo dip and a lemon wedge.

### ▼ Chef's Club £4.49

A classic sandwich – chicken fillet, tender bacon, crisp lettuce and tomato stacked in a soft white bap.



# pizza and pasta



Mamma mia! Our authentically Italian 10" thin crust pizzas are cooked to order – a real house speciality...

### Bacon & Mushroom £7.49

### Margherita £6.49

Mozzarella and tomato.

### American £7.29

Pepperoni, tomato and mozzarella.

## create your own pizza!

Personalise your pizza with these toppings: pepperoni, bacon, jalapeno peppers or mushrooms

1 for 99p 2 for £1.69 3 for £1.99



**3 for 2**  
Buy 3 or more side orders and get the cheapest free

## a bit on the side

Buy 3 or more side orders and get the cheapest free!

Bread & Butter – per slice	89p	Chips	£1.69
Bread Roll & Butter	89p	Sauté Potatoes	£1.69
Cheese	99p	Fresh Salad	£1.99
Mushrooms	99p	Garlic Bread	£1.99
Onion Rings	99p	Jacket Potato	£1.99
Coleslaw	99p		

\*All weights approximate before cooking.  
▼ Suitable for vegetarians  
– may include eggs or dairy products.

# perfect pancakes

We're famous for them! Light, fluffy and prepared especially for you using our secret recipe.



### ◀ Blossom's £3.29

Deep-filled with apple and plump cherries.

### Jubilee £3.29

Crammed full of plump cherries.

### Apple £3.29

### Maple or Chocolate Flavoured Syrup £3.19

All of the above are served with vanilla ice cream or cream.

### Classic £1.99

Served simply with sugar and lemon – why mess with perfection?

# puddings

### Hot Pud of the Day £3.89

Ask your server for today's wickedly tempting hot pudding.

### Deep Dish Apple Pie £3.89

Just like Mum used to make... Served warm with custard.

### Creamy Dreamy Cheesecake £3.89

Deliciously deep-filled cheesecake served with plump cherries.

A heavenly selection of devilishly delicious desserts – go on, indulge yourself...

### Ice Cream Sundae £3.19

Ice cream heaven – choose three scoops from vanilla, chocolate or strawberry.

### Fresh Fruit Salad & Ice Cream £3.19

The refreshingly light way to finish off your meal.

All our ice cream is delicious Carte D'Or.



# drinks



£1.99

### Pure Orange Juice £1.79

### Apple Juice £1.99

### Malvern Still Mineral Water £1.89

### Malvern Sparkling Mineral Water £1.89

### Fresh Semi-Skimmed Milk £1.29

### Frijj Milk Shakes £1.49

choose from Chocolate or Strawberry flavours

### Strawberry & Banana Real Fruit Smoothie £1.99

**free refills**

Refills are available for any tea, any coffee, Coca-Cola, Diet Coke, Sprite or Fanta and are per person

### Pot of Tea per person £1.89

### Pot of Earl Grey Tea per person £2.09

### Pot of Herbal Tea per person £2.09

choose from Mint or Lemon

### Bottomless Mug of Coffee £1.99

### Cafetière of Decaffeinated Coffee per person £2.29

### Cafetière of Coffee per person £2.29

### Cappuccino Style Coffee £2.09

frothy and creamy tasting

### Latte Style Coffee £2.09

deliciously light and milky

### Hot Chocolate £2.29

with whipped cream and a flake

# beer & wine

Ask your server for beer and wine available from **£2.69**

## visit us on-line for:

- Exclusive on-line offers and discounts
- Little Chef location finder
- RAC route planner
- RAC traffic news
- Kids' games
- Great competitions
- Fantastic facts

## customer care

If you have any problems or difficulties today, ask to speak to the duty manager and he or she will be happy to help you. You can also write to our Customer Services Department at: Little Chef Support Centre, Gainsborough House, Houghton Hall Office Park, Dunstable, Beds LU5 5XF or email us on feedback@littlechef.co.uk. Alternatively you can call us on 01582 860 241, lines are open Monday to Friday, 9am to 5pm.

## service

Your bill doesn't include a charge for service as we believe good service should be rewarded at your discretion.

\*Coca-Cola, Diet Coca-Cola, Coke, Fanta and Sprite are registered trade marks of The Coca-Cola Company. All rights reserved. We accept all major credit cards. Alcohol available only where licensed to over 18s and only served with main meals. Prices include VAT and are correct at time of press, but they may be subject to change without prior notice. All items are subject to availability.

## eating with the family?

- Free **Organix** baby food in 3 flavours, served in a **Tommy's Tippee** bowl with spoon and disposable bib.
- High chair and baby changing facilities available.
- Great value kids meals.



**www.littlechef.co.uk**

Keep up to date with the latest news and offers from Little Chef.



# menu

your home for breakfast and a great deal more...



**www.littlechef.co.uk**